

Commonly prescribed medicines following discharge

i Important medication
information following
discharge

About this booklet

This booklet describes some of the common medicines you might have been prescribed if you have had a heart attack or have angina. A member of staff will tick which medicines apply.

Commonly prescribed medicines

The table below details commonly prescribed medicines after heart procedure discharge.

Medicine class	Common names	What does it do?	Side effects	Additional information	Am I on it?
ACE Inhibitors	Ramipril Lisinopril	Relax blood vessels to lower blood pressure Protect the heart	Dry cough	You will need blood tests to monitor kidneys and potassium	<input type="checkbox"/>
Angiotensin II antagonists	Candesartan Valsartan Losartan	Relax blood vessels to lower blood pressure Protect the heart			<input type="checkbox"/>
Beta blockers	Bisoprolol Atenolol	Slow the heart and lower blood pressure Protect the heart	Tiredness Cold hands and feet Disturbed sleep		<input type="checkbox"/>

Medicine class	Common names	What does it do?	Side effects	Additional information	Am I on it?
Statins	Atorvastatin Simvastatin	Lower cholesterol Protect the heart	Muscle pains Upset tummy Tiredness/ disturbed sleep		<input type="checkbox"/>
Glyceryl Trinitrate	Spray or tablets	Treat angina attacks			<input type="checkbox"/>
Aspirin		Reduce stickiness of blood and stop clotting	Tummy upset Likely to bleed and bruise more easily		<input type="checkbox"/>
Clopidogrel					<input type="checkbox"/>
Ticagrelor		Reduce stickiness of blood and stop clotting	Tummy upset Likely to bleed and bruise more easily Shortness of breath		<input type="checkbox"/>

Some other medicines you might be prescribed

Medicine class	Common names	What does it do?	Side Effects	Additional information	Am I on it?
Calcium channel blocker	Amlodipine Diltiazem	Improve supply of blood to heart	Flushing Headache Drowsiness Swollen ankles		<input type="checkbox"/>
Diuretics (water tablets)	Furosemide	Get rid of extra water in body	If you have sickness and diarrhoea you need to temporarily stop this medicines	You will need blood tests to monitor kidneys and potassium	<input type="checkbox"/>
Aldosterone antagonists (potassium sparing diuretics) Eplerenone		Help prevent extra water in the body Protects the heart			<input type="checkbox"/>
Nitrates	Isosorbide Mononitrate Isosorbide Dinitrate	Improve supply of blood to the heart. Make it easier for heart to pump blood around body	Headache Flushing Dizziness Feeling faint		<input type="checkbox"/>
Potassium Channel Activators	Nicorandil	Improve supply of blood to the heart	Headache Flushing Dizziness Tummy upset		<input type="checkbox"/>

Top tips

- Read the information that comes with your medicines to find out why you need to take them, how to take them safely and what side effects to look out for.
- Keep a list of the names of each medicine you take, the dose, and when you need to take it, or take the medicines with you to medical appointments.
- If you have trouble remembering to take your medicines, please speak to our Pharmacist.
- Do not stop taking any medicines without asking your doctor first as this could make your condition and symptoms worse. If you develop any new, persistent or troublesome symptoms after starting medicine(s), tell you doctor immediately.
- Check with your doctor, pharmacist or nurse before taking any over the counter medicines – note this also includes herbal and natural remedies.

Other sources of information

British Heart Foundation

www.bhf.org.uk



NHS Inform

www.nhsinform.scot



Notes

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Notes

[illegible]

All of our publications are available in different languages, larger print, braille (English only), audio tape or another format of your choice.

我們所有的印刷品均有不同語言版本、大字體版本、盲文（僅有英文）、錄音帶版本或你想要的另外形式供選擇。

كافة مطبوعاتنا متاحة بلغات مختلفة و بالأحرف الطباعية الكبيرة و بطريقة بريل الخاصة بالمكفوفين (باللغة الإنكليزية فقط) و على شريط كاسيت سمعي أو بصيغة بديلة حسب خيارك.

Tha gach sgrìobhainn againn rim faotainn ann an diofar chànanan, clò nas motha, Braille (Beurla a-mhàin), teip clàistinn no riochd eile a tha sibh airson a thaghadh.

हमारे सब प्रकाशन अनेक भाषाओं, बड़े अक्षरों की छपाई, ब्रेल (केवल अंग्रेज़ी), सुनने वाली कसेट या आपकी पसंदनुसार किसी अन्य फॉरमेट (आरूप) में भी उपलब्ध हैं।

我們所有的印刷品均有不同語言版本、大字体版本、盲文（仅有英文）、录音带版本或你想要的另外形式供选择。

ਸਾਡੇ ਸਾਰੇ ਪਰਚੇ ਅਤੇ ਕਿਤਾਬਚੇ ਵਗ਼ੈਰਾ ਵੱਖ ਵੱਖ ਭਾਸ਼ਾਵਾਂ ਵਿਚ, ਵੱਡੇ ਅੱਖਰਾਂ ਅਤੇ ਬ੍ਰੇਲ (ਸਿਰਫ਼ ਅੰਗਰੇਜ਼ੀ) ਵਿਚ, ਆਡੀਓ ਟੇਪ 'ਤੇ ਜਾਂ ਤੁਹਾਡੀ ਮਰਜ਼ੀ ਅਨੁਸਾਰ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ ਵੀ ਮਿਲ ਸਕਦੇ ਹਨ।

ہماری تمام مطبوعات مختلف زبانوں، بڑے حروف کی چھپائی، بریل (صرف انگریزی)، سننے والی کسٹ یا آپ کی پسند کے مطابق کسی دیگر صورت (فارمیٹ) میں بھی دستیاب ہیں۔

☎: 0141 951 5513

Please call the above number if you require this publication in an alternative format

