



Surgical Admissions Unit (SAU)

Reviewed: February 2024
Next review: February 2025
Version 10

> About this leaflet

The purpose of this leaflet is to tell you about our Surgical Admission Unit (SAU). You will come to our unit if you are having a surgical procedure which may or may not require an overnight stay.

> About the SAU

You will be sent a letter from the Patient Coordination Centre detailing your admission time to SAU. The unit, which is opened Monday to Friday 7am to 9.30pm, is situated on level 2 of the new Surgical Centre, which can be accessed by lifts in the main entrance to the centre. Take a lift to level 2, then follow the signs round to the unit. You will come to a Welcome Desk where you will meet the Unit Coordinator, who will direct you to SAU and your designated POD. A POD is a small room. If you arrive early for your appointment, there is some seating available for you in the corridor leading to SAU.

Please note that your admission time is not your theatre time, nursing staff will be able to give you an estimated theatre time when they are admitting you.

We would aim to discharge you home from hospital on the same day, however this may not be possible for some cases. We will let you and your relative/carer as soon as possible if you are being kept in overnight. Some patients will be routinely kept in overnight, you will be informed of this during your consultation and/or admission letter.

> What to bring with you

Please bring a dressing gown and slippers as you may be walking to theatres. You will be advised at pre-assessment which medicines to bring in with you. You may also wish to bring in an overnight bag, in case you need to stay in. Please make provisions at home for a possible overnight stay. There is limited storage space within the unit, so please bring as little as possible in with you and do not bring any valuables with you, including mobile phones, electronic devices/readers/laptops, money and jewellery.

> Relatives/carers

A relative or carer can accompany a patient to their POD but they may be asked to vacate the POD when you go to theatres. SAU staff will direct relatives/carers to the canteen and coffee shop in the main hospital building. In the event of a pandemic similar to COVID-19, relatives may be asked to stay away from the unit.

Prior to your surgery you may see a Consultant Surgeon, a Surgical Registrar, Consultant Anaesthetist, Ward Doctor, Advanced Nurse Practitioner (ANP), Pharmacists, Occupational Therapist and Physiotherapist. There will be a SAU nurse(s) designated to look after you while you are a patient in SAU. This will include taking your vital signs (Heart Rate, Blood Pressure, Oxygen levels, Temperature and Respiratory Rate) in preparation for theatre. The nursing staff will also ask you to get into a hospital gown. When theatres are ready for you, you will be escorted to theatre by SAU and/or theatre nursing staff. There is free Wi-Fi available throughout the hospital.

➤ Discharge

On your return from theatres, nursing staff will check your vital signs, wounds, dressings and assess your pain levels. When you have met the discharge criteria, had something to eat and passed urine, the nursing staff will get you ready for discharge home. Any follow-up appointments, suture removal appointments and/or district nurse visits will be discussed with you prior to discharge. You will be given a discharge letter for your General Practitioner (GP). You will be provided with any discharge medicines your surgeon may feel you need. You will be informed of any changes to your medications.

You must have a responsible adult escorting you home and staying with you overnight, even if you are staying in the hotel adjacent to the hospital. You cannot drive home. If you are required to stay overnight you will normally be discharged at 11am the following morning, unless medical staff recommend you stay in longer. Please be patient, there may be several patients being discharged at the same time, which can cause a delay with discharge medicines.

➤ Contact

If you have any problems or questions within the hours of 7am and 9.30pm, please contact the hospital's switchboard on 0141 951 5000 and ask to be put through to the SAU. Out of hours you should contact the hospital switchboard and ask to be put through to Senior Nurse.

All of our publications are available in different languages, larger print, braille (English only), audio tape or another format of your choice.

我們所有的印刷品均有不同語言版本、大字體版本、盲文（僅有英文）、錄音帶版本或你想要的另外形式供選擇。

كافة مطبوعاتنا متاحة بلغات مختلفة و بالأحرف الطباعية الكبيرة و بطريقة بريل الخاصة بالمكفوفين (باللغة الإنكليزية فقط) و على شريط كاسيت سمعي أو بصيغة بديلة حسب خيارك.

Tha gach sgrìobhainn againn rim faotainn ann an diofar chànanan, clò nas motha, Braille (Beurla a-mhàin), teip clàistinn no riochd eile a tha sibh airson a thaghadh.

हमारे सब प्रकाशन अनेक भाषाओं, बड़े अक्षरों की छपाई, ब्रेल (केवल अंग्रेज़ी), सुनने वाली कसेट या आपकी पसंदनुसार किसी अन्य फॉरमेट (आरएफ) में भी उपलब्ध हैं।

我們所有的印刷品均有不同語言版本、大字體版本、盲文（僅有英文）、錄音帶版本或你想要的另外形式供選擇。

ਸਾਡੇ ਸਾਰੇ ਪਰਚੇ ਅਤੇ ਵਿਤਾਬਚੇ ਵਗੈਰਾ ਵੱਖ ਵੱਖ ਭਾਸ਼ਾਵਾਂ ਵਿਚ, ਵੱਡੇ ਅੱਖਰਾਂ ਅਤੇ ਬ੍ਰੇਲ (ਸਿਰਫ਼ ਅੰਗਰੇਜ਼ੀ) ਵਿਚ, ਆਡੀਓ ਟੇਪ 'ਤੇ ਜਾਂ ਤੁਹਾਡੀ ਮਰਜ਼ੀ ਅਨੁਸਾਰ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ ਵੀ ਮਿਲ ਸਕਦੇ ਹਨ।

ہماری تمام مطبوعات مختلف زبانوں، بڑے حروف کی چھپائی، بریل (صرف انگریزی)، سنے والی کست یا آپ کی پسند کے مطابق کسی دیگر صورت (فارمیٹ) میں بھی دستیاب ہیں۔



☎: 0141 951 5513