



Spiritual Care and Chaplaincy

Reviewed: August 2023
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Version 1

About this leaflet

This leaflet provides information about the Spiritual Care and Chaplaincy services available to patients, families, visitors and carers at NHS Golden Jubilee.

What is Spiritual Care?

Spiritual Care is personal by nature and does not always need to be for religious reasons. The World Health Organisation (WHO) defined health in 1948 as: 'Not just about the absence of disease, but a state of physical, psychological, social and spiritual wellbeing. It is about the whole person.'

NHS Golden Jubilee's Spiritual Care and Chaplaincy service supports your spiritual wellbeing while you are in hospital, as well as supporting families and carers if required.

Many people have found the following examples to be helpful:

- Spiritual Care is person-centred, meaning that we are here for you (patients, families, carers) and recognise you as a unique individual and what matters to you while in hospital as a patient.
- There are many reasons to speak to one of us. For some, it may be just a listening ear as an admission to hospital can be an anxious time. For others, it may be support before or after surgery, or you may be far from home and feeling isolated. At times like this, it can be good to talk.

While spiritual care is not always about religion, some patients may wish religious care specifically. You are more than welcome to contact the chaplain to talk about your religious needs.

Who can access Spiritual Care?

Spiritual care is available to everyone: patients, families, carers and our staff.

Spiritual Care and Wellbeing Centre

Looking for a quiet space?

We also know that sometimes you just need a quiet space to get away from it all and reflect. Our Spiritual Care and Wellbeing Centre (the Centre) is a physical space that is open 24 hours a day, 7 days a week, to give you time and space to think, pray or meditate.

Where is the Spiritual Care and Wellbeing Centre?

The Centre is located on the ground floor of the hospital near the Hotel side. It is regarded as a quiet zone, with areas to think and pray, as well as providing information and inspirational literature.

➤ Who provides Spiritual Care?

The Spiritual Care team is made up of healthcare chaplains and Pastoral Care volunteers, who are under the guidance of the chaplains and have been trained to provide a listening ear.

It is important to say that we are here for you and make no assumption regarding your beliefs or faith, but listen to you, as a unique person, as you tell your story and describe your feelings, concerns or hopes in the context of your current health status or situation. We aim to help you to find personal meaning and resilience.

Who we are:

- Tosh Lynch, Lead Healthcare Chaplain
- Joe Keenan, Healthcare Chaplain

➤ How to contact the Spiritual Care team

A member of the hospital staff will be happy to contact the team for you, but you are more than welcome to contact us directly. We can be paged on 0318 or by phoning 0141 951 5060 and leaving a message on our voicemail. You can also email us at:

GJNH.SpiritualCare@gjnh.scot.nhs.uk

All of our publications are available in different languages, larger print, braille (English only), audio tape or another format of your choice.

我們所有的印刷品均有不同語言版本、大字體版本、盲文（僅有英文）、錄音帶版本或你想要的另外形式供選擇。

كافة مطبوعاتنا متاحة بلغات مختلفة و بالأحرف الطباعية الكبيرة و بطريقة بريل الخاصة بالمكفوفين (باللغة الإنكليزية فقط) و على شريط كاسيت سمعي أو بصيغة بديلة حسب خيارك.

Tha gach sgrìobhainn againn rim faotainn ann an diofar chànanan, clò nas motha, Braille (Beurla a-mhàin), teip clàistinn no riochd eile a tha sibh airson a thaghadh.

हमारे सब प्रकाशन अनेक भाषाओं, बड़े अक्षरों की छपाई, ब्रेल (केवल अंग्रेज़ी), सुनने वाली कसेट या आपकी पसंदनुसार किसी अन्य फॉरमेट (आरएफ) में भी उपलब्ध हैं।

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ਸਾਡੇ ਸਾਰੇ ਪਰਚੇ ਅਤੇ ਵਿਤਾਬਚੇ ਵਰਗੀਰਾ ਵੱਖ ਵੱਖ ਭਾਸ਼ਾਵਾਂ ਵਿਚ, ਵੱਡੇ ਅੱਖਰਾਂ ਅਤੇ ਬ੍ਰੇਲ (ਸਿਰਫ਼ ਅੰਗਰੇਜ਼ੀ) ਵਿਚ, ਆਡੀਓ ਟੇਪ 'ਤੇ ਜਾਂ ਤੁਹਾਡੀ ਮਰਜ਼ੀ ਅਨੁਸਾਰ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ ਵੀ ਮਿਲ ਸਕਦੇ ਹਨ।

ہماری تمام مطبوعات مختلف زبانوں، بڑے حروف کی چھپائی، بریل (صرف انگریزی)، سنے والی کست یا آپ کی پسند کے مطابق کسی دیگر صورت (فارمیٹ) میں بھی دستیاب ہیں۔



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