

Commonly prescribed medicines following discharge

i Important medication information following discharge

About this booklet

This booklet describes some of the common medicines you might have been prescribed if you have had a heart attack or have angina. A member of staff will tick which medicines apply.

Commonly prescribed medicines

The table below details commonly prescribed medicines after heart procedure discharge.

Medicine class	Common names	What does it do?	Side effects	Additional information	Am I on it?
ACE Inhibitors	Ramipril Lisinopril	Relax blood vessels to lower blood pressure Protect the heart	Dry cough	You will need blood tests to monitor kidneys and potassium	<input type="checkbox"/>
Angiotensin II antagonists	Candesartan Valsartan Losartan	Relax blood vessels to lower blood pressure Protect the heart			<input type="checkbox"/>
Beta blockers	Bisoprolol Atenolol	Slow the heart and lower blood pressure Protect the heart	Tiredness Cold hands and feet Disturbed sleep		<input type="checkbox"/>

Medicine class	Common names	What does it do?	Side effects	Additional information	Am I on it?
Statins	Atorvastatin Simvastatin	Lower cholesterol Protect the heart	Muscle pains Upset tummy Tiredness/ disturbed sleep		<input type="checkbox"/>
Glyceryl Trinitrate	Spray or tablets	Treat angina attacks			<input type="checkbox"/>
Aspirin		Reduce stickiness of blood and stop clotting	Tummy upset Likely to bleed and bruise more easily		<input type="checkbox"/>
Clopidogrel					<input type="checkbox"/>
Ticagrelor		Reduce stickiness of blood and stop clotting	Tummy upset Likely to bleed and bruise more easily Shortness of breath		<input type="checkbox"/>

Some other medicines you might be prescribed

Medicine class	Common names	What does it do?	Side Effects	Additional information	Am I on it?
Calcium channel blocker	Amlodipine Diltiazem	Improve supply of blood to heart	Flushing Headache Drowsiness Swollen ankles		<input type="checkbox"/>
Diuretics (water tablets)	Furosemide	Get rid of extra water in body	If you have sickness and diarrhoea you need to temporarily stop this medicines	You will need blood tests to monitor kidneys and potassium	<input type="checkbox"/>
Aldosterone antagonists (potassium sparing diuretics) Eplerenone		Help prevent extra water in the body Protects the heart			<input type="checkbox"/>
Nitrates	Isosorbide Mononitrate Isosorbide Dinitrate	Improve supply of blood to the heart. Make it easier for heart to pump blood around body	Headache Flushing Dizziness Feeling faint		<input type="checkbox"/>
Potassium Channel Activators	Nicorandil	Improve supply of blood to the heart	Headache Flushing Dizziness Tummy upset		<input type="checkbox"/>

Top tips

- Read the information that comes with your medicines to find out why you need to take them, how to take them safely and what side effects to look out for.
- Keep a list of the names of each medicine you take, the dose, and when you need to take it, or take the medicines with you to medical appointments.
- If you have trouble remembering to take your medicines, please speak to our Pharmacist.
- Do not stop taking any medicines without asking your doctor first as this could make your condition and symptoms worse. If you develop any new, persistent or troublesome symptoms after starting medicine(s), tell your doctor immediately.
- Check with your doctor, pharmacist or nurse before taking any over the counter medicines – note this also includes herbal and natural remedies.

Other sources of information

British Heart Foundation

www.bhf.org.uk



NHS Inform

www.nhsinform.scot



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