



Orthopaedic surgery advice

Reviewed: October 2024
Next review: October 2025
Version 2

About this leaflet

You have been referred to the Golden Jubilee University National Hospital for orthopaedic surgery. The purpose of this leaflet is to give you advice prior to your surgery.

Please take the time to read over this important information as well as the information provided with your appointment letter.

Medication

Bring all your current medication with you when you come into hospital (in the original packaging if possible), even if you have brought it to a previous appointment. Please include all painkillers, injections, creams, inhalers, eye, ear and nasal preparations, and medicines you buy yourself, including vitamins and herbal medicines.

Stopping medicines before surgery

- You might need to stop some medications before surgery. You should have got instructions about this either from the surgeon or pharmacist.
- The Pharmacist who saw you at Pre-Assessment clinic will have given you written information on any medicine(s) that needs to be stopped before your operation and when you should stop them.
- Please check these instructions carefully and follow the exact advice given.
- You should take all your other medicines as usual.
- If there is any reason why you should not stop the above medication (for example, new health problems or heart procedure) or if there is any change in medicines since your clinic appointment or you are still unsure what to do, please contact the Pre-Assessment Clinic on 0141 951 5530 (Monday – Friday, 8.45am – 4.45pm) and ask to speak to the Pharmacist.

Please also let your Consultant's secretary know if you have any changes in your general health immediately before your surgery, for example:

- a cold or influenza symptoms;
- being treated for an infection;
- recent admission to hospital; or
- any cuts or abrasions.

