

## DEXA scan



## About this booklet

The purpose of this booklet is to explain what happens before, during and after the procedure.

## What is a DEXA scan?

A DEXA scan measures your bone density using a very low dose of X-rays. Normally we scan your lower back and left hip. The procedure is painless and you will not need an injection.

## Before the scan

You will be given a questionnaire asking for information relevant to the scan, including a list of your medication. You will be asked to change into a gown.

You will need to stand to get your weight and height measured at the time of your appointment. If you have any issues with standing, or other mobility issues, please let us know before you come to the department. You will have to lie on a couch for the scan and keep still when the images are being taken.

## During the scan

The scan will take between 15 and 20 minutes but you may be in the department for up to an hour.

## After the scan

Results are not given immediately but they will be sent to the doctor who requested the scan.

## Notes

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for handwriting practice. There are no margins, text, or other markings on the page.

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