



Commonly prescribed medicines following discharge

Reviewed: August 2024
Next review: August 2025
Version 2

> About this leaflet

This leaflet describes some of the common medicines you might have been prescribed if you have had a heart attack or have angina. A member of staff will tick which medicines apply.

> Commonly prescribed medicines

The table below details commonly prescribed medicines after heart procedure discharge.

| Medicine class | Common names | What does it do? | Side effects | Additional information | Am I on it? |
|---|--|--|---|---|--------------------------|
| ACE Inhibitors | Ramipril Enalapril Lisinopril | Relax blood vessels to lower blood pressure. Protect the heart. | Dry cough | You will need blood tests to monitor kidneys and potassium. | <input type="checkbox"/> |
| Angiotensin II antagonists | Candesartan Valsartan Losartan | Relax blood vessels to lower blood pressure. Protect the heart. | | | <input type="checkbox"/> |
| Angiotensin-ii receptor-neprilysin inhibitor (ARNI) | Sacubitril/ valsartan | Relax blood vessels to lower blood. | | | <input type="checkbox"/> |
| Beta blockers | Bisoprolol Carvedilol Metoprolol Atenolol | Protect the heart. Lower heart rate and blood pressure. | Tiredness. Cold hands and feet. Disturbed sleep. | | <input type="checkbox"/> |
| Statins | Atorvastatin Rosuvastatin Simvastatin | Lower cholesterol. Protect the heart. | Muscle pains. Upset tummy. Tiredness/ disturbed sleep. | | <input type="checkbox"/> |

| Medicine class | Common names | What does it do? | Side effects | Additional information | Am I on it? |
|--|--|---|---|---|--------------------------|
| Glyceryl Tri-Nitrate (GTN) | GTN spray or tablets | Treat angina attacks | Dizziness Headaches | You use Glyceryl Tri-Nitrate (GTN) tablets and spray under your tongue when required. | <input type="checkbox"/> |
| Anti-platelets | Aspirin | Reduce stickiness of blood and stop clotting. | Tummy upset Likely to bleed and bruise more easily. Ticagrelor may cause shortness of breath. | | <input type="checkbox"/> |
| | Clopidogrel | | | | <input type="checkbox"/> |
| | Prasugrel | | | | <input type="checkbox"/> |
| | Ticagrelor | | | | <input type="checkbox"/> |
| Sodium Glucose co-transporter 2 inhibitors (SGL2i) | Empagliflozin Dapagliflozin | Protect heart Protect kidneys Help manage blood sugar in diabetic patients | Thrush. Back pain. Urinating more than normal. Feeling dizzy. Mild skin rash. | | <input type="checkbox"/> |
| Calcium channel blockers | Amlodipine Diltiazem Verapamil | Improve supply of blood to heart. | Flushing. Headache. Drowsiness. Swollen ankles. | | <input type="checkbox"/> |
| Diuretics (water tablets) | Furosemide Bumetanide | Get rid of extra water in body | If you have sickness and diarrhoea you need to temporarily stop this medicine. | You will need blood tests to monitor kidneys, sodium and potassium. | <input type="checkbox"/> |
| Aldosterone antagonist (potassium sparing diuretics) | Eplerenone Spironolactone | Help prevent extra water in the body. Protects the heart. | | | <input type="checkbox"/> |
| Nitrates taken by mouth each day | Isosorbide mononitrate Isosorbide dinitrate | Improve supply of blood to the heart. Make it easier for heart to pump blood around body. | Headache. Flushing. Dizziness. Feeling faint. | | <input type="checkbox"/> |
| Potassium Channel Activators | Nicorandil | Improve supply of blood to the heart. | Headache. Flushing. Dizziness. Tummy upset. | | <input type="checkbox"/> |



➤ Top tips

- Read the information that comes with your medicines to find out why you need to take them, how to take them safely and what side effects to look out for.
- Keep a list of the names of each medicine you take, the dose, and when you need to take it, or take the medicines with you to medical appointments.
- If you have trouble remembering to take your medicines, please speak to our Pharmacist.
- Do not stop taking any medicines without asking your doctor first as this could make your condition and symptoms worse. If you develop any new, persistent or troublesome symptoms after starting medicine(s), tell you doctor immediately.
- Check with your doctor, pharmacist or nurse before taking any over the counter medicines – note this also includes herbal and natural remedies.

➤ Further information

British Heart Foundation
www.bhf.org.uk



NHS Inform
www.nhsinform.scot



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