



Commonly prescribed medicines following discharge Reviewed:

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About this leaflet

This leaflet describes some of the common medicines you might have been prescribed if you have had a heart attack or have angina. A member of staff will tick which medicines apply.

Commonly prescribed medicines

The table below details commonly prescribed medicines after heart procedure discharge.

| Medicine class | Common names | What does it do? | Side effects | Additional information | Am I on it? |
|--|--|--|---|--|----------------|
| ACE Inhibitors | Ramipril Enalapril Lisinopril | Relax blood vessels to lower blood pressure. Protect the heart. | Dry cough | You will need blood tests to monitor kidneys and potassium. | |
| Angiotensin II antagonists | Candesartan Valsaratan Losartan | Relax blood vessels to lower blood pressure. Protect the heart. | | | |
| Angiotensin- ii receptor- neprilysin inhibitor (ARNI) | Sacubitril/ valsartan | Relax blood ves- sels to lower blood. | | | |
| Beta blockers | Bisoprolol Carvedilol Metoprolol Atenolol | Protect the heart. Lower heart rate and blood pressure. | Tiredness. Cold hands and feet. Disturbed sleep. | | |
| Statins | Atorvastatin Rosuvastatin Simvastatin | Lower cholesterol. Protect the heart. | Muscle pains. Upset tummy. Tiredness/ disturbed sleep. | | |

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|--|--|--|---|--|----------------|
| Glyceryl Tri- Nitrate (GTN) | GTN spray or tablets | Treat angina attacks | Dizziness Headaches | You use Glyceryl Tri-Nitrate (GTN) tablets and spray under your tongue when required. | |
| Anti-platelets | Aspirin | Reduce stickiness of blood and stop clotting. | Tummy upset Likely to bleed and bruise more easily. Ticagrelor may cause shortness of breath. | | |
| | Clopidogrel | | | | |
| | Prasugrel | | | | |
| | Ticagrelor | | | | |
| Sodium Glu- cose co-trans- porter 2 inhibi- tors (SGL2i) | Empagliflozin Dapagliflozin | Protect heart Protect kidneys Help manage blood sugar in diabetic patients | Thrush. Back pain. Urinating more than normal. Feeling dizzy. Mild skin rash. | | |
| Calcium channel blockers | Amlodipine Diltiazem Verapamil | Improve supply of blood to heart. | Flushing. Headache. Drowsiness. Swollen ankles. | | |
| Diuretics (water tablets) | Furosemide Bumetanide | Get rid of extra water in body | If you have sickness and diarrhoea you need to temporarily stop this medicine. | You will need blood tests to monitor kidneys, sodium and potassium. | |
| Aldosterone anatagonists (potassium sparing diuretics) | Eplerenone Spironolac- tone | Help prevent extra water in the body. Protects the heart. | | | |
| Nitrates taken by mouth each day | Isosorbide mononitrate Isosorbide dinitrate | Improve supply of blood to the heart. Make it easier for heart to pump blood around body. | Headache. Flushing. Dizziness. Feeling faint. | | |
| Potassium Channel Activators | Nicorandil | Improve supply of blood to the heart. | Headache. Flushing. Dizziness. Tummy upset. | | |



Top tips

- Read the information that comes with your medicines to find out why you need to take them, how to take them safely and what side effects to look out for.
- Keep a list of the names of each medicine you take, the dose, and when you need to take it, or take the medicines with you to medical appointments.
- If you have trouble remembering to take your medicines, please speak to our Pharmacist.
- Do not stop taking any medicines without asking your doctor first as this could make your condition and symptoms worse. If you develop any new, persistent or troublesome symptoms after starting medicine(s), tell you doctor immediately.
- Check with your doctor, pharmacist or nurse before taking any over the counter medicines

 note this also includes herbal and natural remedies.

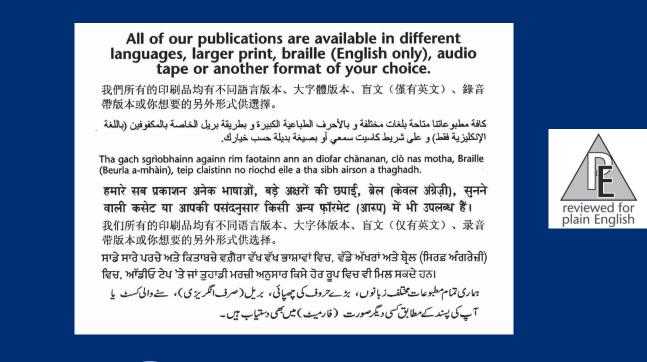
Further information

British Heart Foundation www.bhf.org.uk



NHS Inform www.nhsinfom.scot





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