



# Orthopaedic surgery advice

Reviewed: February 2026

Next review: February 2027

Version 2

## About this leaflet

You have been referred to the Golden Jubilee University National Hospital for orthopaedic surgery. The purpose of this leaflet is to give you advice prior to your surgery.

Please take the time to read over this important information as well as the information provided with your appointment letter.

## Medication

Bring all your current medication with you when you come into hospital (in the original packaging if possible), even if you have brought it to a previous appointment. Please include all painkillers, injections, creams, inhalers, eye, ear and nasal preparations, and medicines you buy yourself, including vitamins and herbal medicines.

### Stopping medicines before surgery

- You might need to stop some medications before surgery. You should have got instructions about this either from the surgeon or pharmacist.
- The Pharmacist who saw you at Pre-Assessment clinic will have given you written information on any medicine(s) that needs to be stopped before your operation and when you should stop them.
- Please check these instructions carefully and follow the exact advice given.
- You should take all your other medicines as usual.
- If there is any reason why you should not stop the above medication (for example, new health problems or heart procedure) or if there is any change in medicines since your clinic appointment or you are still unsure what to do, please contact the Pre-Assessment Clinic on 0141 951 5530 (Monday – Friday, 8.45am -4.45pm) and ask to speak to the Pharmacist.

Please also let your Consultant's secretary know if you have any changes in your general health immediately before your surgery, for example:

- a cold or influenza symptoms;
- being treated for an infection;
- recent admission to hospital; or
- any cuts or abrasions.

## Contact

You can contact your Consultant's secretary Monday to Friday from 9am to 5pm by calling Hospital switchboard on 0141 951 5000. Ask to be put through to your Consultant's secretary, providing their name or extension number if you have it.

If your Consultant's secretary is not available, please telephone 0141 951 5530 and ask for a member of the Pre-Operative Assessment team.

 **Notes**

All of our publications are available in different languages, larger print, braille (English only), audio tape or another format of your choice.

我們所有的印刷品均有不同語言版本、大字體版本、盲文（僅有英文）、錄音帶版本或你想要的另外形式供選擇。

كافة مطبوّعاتنا متاحة باللغات مختلفة والأحرف الطياعية الكبيرة وبطريقة بريل الخاصة بالمكتوفين (باللغة الانجليزية فقط) وعلى شريط كاسيت سماعي أو بصيغة بديلة حسب خيالك.

Tha gach sgrìobhainn againn rim faotainn ann an diofar chànanan, clò nas mothà, Braille (Beurla a-mhàin), teip claisstinn no riochd eile a tha sibh airson a thaghadh.

हमारे सब प्रकाशन अनेक भाषाओं, बड़े अक्षरों की छपाई, ब्रेल (केवल अंग्रेजी), सुनने वाली कसेट या आपकी पसंदनुसार किसी अन्य फॉरमेट (आस्प) में भी उपलब्ध हैं।

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 : 0141 951 5513